

Human experience strengthens art experience.

Shared human inspiration strengthens shared human art.

TYPE OF REALITY

Real · Virtual · Imagined · Dreamed · Other

INTENSITY (0-10)

NAME & DATE

TIME & LOCATION

B **Body** — PHYSICAL SENSATIONS *What is happening in your body?*

s **Subject** — FOCUS *What is the focus of the experience?*

E **Emotion** — AFFECTIVE REGISTER *What are your emotions doing?*

T **Transformation** — INSPIRATION *What is being inspired?*

M **Metadata** — EXTERNAL CONDITIONS *What's going on around you?*

o **Other** — ADDITIONAL *What else is present?*
